

COFFEE AND SOCIAL FOR AUTISTIC ADULTS

A relaxed space to meet,
chat & connect.

Join us for a friendly,
informal coffee group for
autistic adults.

Whether you're chatty or
quiet - you're welcome!

- Meet new people.
- Enjoy a relaxed
supportive atmosphere.
- No pressure to talk -
you are welcome to just
listen.



Tuesdays 1st and 3rd of every month
10.30am-12pm
Epsom

MFT supports adults in Surrey to improve and maintain their mental wellbeing through one-to-one support, courses, groups and activities.

To book your place, you need to register
with MFT first and then contact:
01372 375400, text 07929 024722,
email info@maryfrancestrust.org.uk
or visit www.maryfrancestrust.org.uk
or scan our QR code



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Inspiring Mental Wellbeing