

ART IN ELMBRIDGE

If you'd like to explore your creativity and support your wellbeing, join our art classes.

Activities may include:

- Sketching techniques
- Pencil work
- Charcoal
- Painting
- Printing
- Clay modelling
- Collage
- Mixed media



No experience needed!

Mondays

(8-week courses)

Please contact MFT for course dates

12.30pm-2.30pm

Esher

MFT supports adults in Surrey to improve and maintain their mental wellbeing through one-to-one support, courses, groups and activities.

To book your place, you need to register with MFT first and then contact:
01372 375400, text 07929 024722,
email info@maryfrancestrust.org.uk
or visit www.maryfrancestrust.org.uk



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TRUST

Inspiring Mental Wellbeing