

SEND FAMILIES COFFEE AND PLAY

A safe and non-judgemental space for parents and carers of children with additional needs. Children welcome.

You'll find here a warm drink, a sweet treat and a listening ear.

Join us as we navigate the ups and downs of parenting our children, together.



**Thursdays usually 2nd and 4th of every month
10.30am - 12pm
Bookham**



MFT supports adults in Surrey to improve and maintain their mental wellbeing through one-to-one support, courses, groups and activities.

To book your place, visit this link
or email

info@maryfrancestrust.org.uk

In association with Bookham
Baptist Church Children's Centre



Inspiring Mental Wellbeing