

# NEURODIVERSITY SOCIAL GROUP

Come and join our weekly group set up in a friendly environment, where everyone's experiences are treated as equally important.

These sessions are for neurodiverse adults who live independently, and wish to meet peers to learn and share experiences with them.



**Weekly on Mondays**  
**7pm-8.30pm**  
**On Zoom**

MFT supports adults in Surrey to improve and maintain their mental wellbeing through one-to-one support, courses, groups and activities.

To book your place, you need to register with MFT first and then contact:  
01372 375400, text 07929 024722,  
email [info@maryfrancestrust.org.uk](mailto:info@maryfrancestrust.org.uk)  
or visit [www.maryfrancestrust.org.uk](http://www.maryfrancestrust.org.uk)  
or scan our QR code



**MFT** MARY FRANCES TRUST  
Inspiring Mental Wellbeing