

# FOOTBALL ELMBRIDGE

Come and play football in a friendly and welcoming environment. A qualified coach is on hand for support and to help you improve your game.

All levels welcome.



Weekly on Wednesdays  
Starting Wednesday 7 January 2026  
6pm-7pm  
Hersham

MFT supports adults in Surrey to improve and maintain their mental wellbeing through one-to-one support, courses, groups and activities.

To book your place, you need to register with MFT first and then contact:  
01372 375400, text 07929 024722,  
email [info@maryfrancestrust.org.uk](mailto:info@maryfrancestrust.org.uk)  
or visit [www.maryfrancestrust.org.uk](http://www.maryfrancestrust.org.uk)  
or scan our QR code



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Inspiring Mental Wellbeing