

WOODMANSTERNE

COFFEE AND CRAFT MORNINGS

Join us for
coffee, chat and
crafts.

Connect with others.
Learn a new skill or
teach your skills to
others!

Please note this is in
the Church Hall.



**Alternate Wednesdays
10am-12pm**

**at St Peter's Church Hall, Woodmansterne,
Banstead SM7 3JH
'on the 166 Bus Route'**

MFT supports adults in Surrey to improve and maintain their mental wellbeing through one-to-one support, courses, groups and activities.

To book your place, you need to register
with MFT first and then contact:
01372 375400, text 07929 024722,
email info@maryfrancestrust.org.uk
or visit www.maryfrancestrust.org.uk
or scan our QR code →



MFT MARY
FRANCES
TRUST
Inspiring Mental Wellbeing