

# MFT MUSIC CLUB

## ONLINE

Welcome to our music appreciation group.

Come and join the Music Club where we share and discuss the music that moves us and explore the history of different musical genres and styles.



**Fortnightly on Thursdays**  
**4-5pm**  
**Starts Thursday 7 August**

MFT supports adults in Surrey to improve and maintain their mental wellbeing through one-to-one support, courses, groups and activities.

To book your place, you need to register with MFT first and then contact:  
01372 375400, text 07929 024722,  
email [info@maryfrancestrust.org.uk](mailto:info@maryfrancestrust.org.uk)  
or visit [www.maryfrancestrust.org.uk](http://www.maryfrancestrust.org.uk)  
or scan our QR code →



**MFT** MARY FRANCES TRUST  
Inspiring Mental Wellbeing