

LET'S TALK: BUDGETING

More than ever we need to be on top of our personal budgets and managing money.

Come and join this helpful group which will enable you to have confidence in your ability to manage your budget.

You will come away with some tips and tricks and tools to help for future planning.



16 & 23 February
12.30pm-2pm on Zoom

Link for Zoom to follow once you have been booked on the course.

MFT supports adults in Surrey to improve and maintain their mental wellbeing through one-to-one support, courses, groups and activities.

To book your place, you need to register with MFT first and then contact: 01372 375400, text 07929 024722, email info@maryfrancestrust.org.uk or visit www.maryfrancestrust.org.uk or scan our QR code



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Inspiring Mental Wellbeing