

# BANSTEAD

## COFFEE AND CRAFT MORNINGS

Join us for  
coffee, chat and  
crafts.

This is a drop-in  
session, no need to  
book.



**Alternate Wednesdays, starting 24 January 2024**  
**10am-12pm**  
**at St Peter's Church, Banstead SM7 3EH**

MFT supports adults in Surrey to improve and maintain their mental wellbeing through one-to-one support, courses, groups and activities.

To book your place, you need to register with MFT first and then contact:  
01372 375400, text 07929 024722,  
email [info@maryfrancestrust.org.uk](mailto:info@maryfrancestrust.org.uk)  
or visit [www.maryfrancestrust.org.uk](http://www.maryfrancestrust.org.uk)  
or scan our QR code 



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Inspiring Mental Wellbeing