

BEREAVEMENT SUPPORT GROUP

**A safe supportive space
where people come
together to talk about
their experience of loss
and bereavement.**

**An 8-week program
guides you through
various models of grief
and supports you to
move through grief.**



**An 8-week course starting Monday 15
January 2024
at 1pm-3pm at Walton Community Centre,
Manor Road, Walton**

MFT supports adults in Surrey to improve and maintain their mental wellbeing through one-to-one support, courses, groups and activities.

To book your place, you need to register with
MFT first and then contact:

01372 375400, text 07929 024722,
email info@maryfrancestrust.org.uk
visit www.maryfrancestrust.org.uk
or scan our QR code →



Inspiring Mental Wellbeing