One Stop Advice Cafe Warm Wednesdays

Advice & support on a wide range of issues including

- Mental Health & Wellbeing
- Benefits, Welfare Rights, Housing, Rents
- Energy Saving & dealing with Energy Suppliers
- Finding a Job & Accessing Training
- Budgeting and Managing your Money
- Getting Help in a Crisis



11:30	til 1pm	3:30	til 5:1
1st	Nov	8th	Nov
15th	Nov	22nd	Nov
29th	Nov	6th	Dec
13th	Dec		
20th	Dec	3rd	Jan
10th	Jan	17th	Jan
24th	Jan	31st	Jan
7th	Feb	14th	Feb
21st	Feb	28th	Feb
6th	Mar	13th	Mar















Epsom Methodist Church working in partnership