

# WEEKLY ONLINE BOOK CLUB

If you enjoy reading  
or just want to make  
new friends  
then why not come  
along and join our  
reading group!

A selection of short  
stories are chosen  
and discussed  
every week!



Every Wednesday  
4pm-4.45pm  
on Zoom

MFT supports adults in Surrey to improve and maintain their mental wellbeing through one-to-one support, courses, groups and activities.

To book your place, you need to register  
with MFT first and then contact:  
01372 375400, text 07929 024722 (SMS  
service only), email  
[info@maryfrancestrust.org.uk](mailto:info@maryfrancestrust.org.uk) or visit  
[www.maryfrancestrust.org.uk](http://www.maryfrancestrust.org.uk)



Inspiring Mental Wellbeing