

# ADVISORY GROUP

## COFFEE MORNING

We work alongside a group of people with lived experience of mental health who advise us on how we run our services.

We're holding a Coffee Morning for existing and new Advisory Group members to meet face-to-face. It is also open to anyone who would like to find out more about the work of our Advisory Group.



**Tuesday 5 July, 2pm-3pm**

**Meet outside Beefeater in Tattenham Corner  
(Epsom Downs) at 2pm**

MFT supports adults in Surrey to improve and maintain their mental wellbeing through one-to-one support, courses, groups and activities.

To book your place, you need to register with MFT first and then contact:  
01372 375400, text 07929 024722 (SMS service only), email  
[info@maryfrancestrust.org.uk](mailto:info@maryfrancestrust.org.uk) or visit  
[www.maryfrancestrust.org.uk](http://www.maryfrancestrust.org.uk)



Inspiring Mental Wellbeing