

# ARTS & CRAFTS

This ongoing group will help you relieve stress, meet new people and boost your confidence and self-esteem.

Over the first 4 weeks we will cover wet felting, dry felting, marbling and creating an image/cards with marbled paper.

Start Date: Tuesday 19 October 2021

Duration: Weekly

Times: 2pm -3pm

Venue: Banstead Youth Centre,  
The Horseshoe, SM7 2BQ



**MFT supports adults in Surrey to improve and maintain their mental wellbeing through one-to-one support, courses, groups and activities.**

To book your place please contact:  
01372 375400, text 07929 024722,  
email [info@maryfrancestrust.org.uk](mailto:info@maryfrancestrust.org.uk)  
or visit [www.maryfrancestrust.org.uk](http://www.maryfrancestrust.org.uk)

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